

Campus Summer Weights and Conditioning Schedule

(June 1st through June 18th)

Guidelines

- Due to construction drop offs and parking will be limited to West Parking. Athletes will have to walk to practice field and tennis courts from the West Parking lot.
- Only building access will be to use the Restroom. We will have one boy's locker room and one girl's locker room available.
- ALL Student Athletes will need to bring their own water bottle to workouts.
- Student Athletes will be asked to continue practicing social distancing from their peers and coaches.
- Any student athlete that is not feeling well or has a fever **SHOULD NOT COME TO WORKOUTS!**
- If Severe Weather occurs the workouts will be Canceled. We will not move inside during the first 2 Weeks.
- Individual Sports will be contacting your Student Athlete about Workouts and Open Gym times and dates

Monday June 1st through Thursday June 4th

- Football Players 6:30 am – 8:00 am (Meet at Practice Field)
- All Other Athletes (Except Cross Country) 8:00 am- 9:30 am (Meet at Tennis Courts)
- Cross Country 7:00 am- 8:30 am (Colts Stadium)

Monday June 15th through Thursday June 18th

- This week we will start the transition to the building, gyms and weight room.
 - Students continue to bring their own water bottles.
 - Student Athletes will be asked to continue practicing social distancing from their peers and coaches.
 - Any student athlete that is not feeling well or has a fever **SHOULD NOT COME TO WORKOUTS!**
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- Football Players 6:30 am- 8:00 am (Weight Room)
 - All Other Athletes (Except Cross Country) 8:00 am- 9:30 am (Weight Room)
 - Cross Country 7:00 am- 8:30 am (Colts Stadium)
 - Cross Country (Monday and Wednesday) 9:30 am- 10:30 am (Weight Room)

Incoming Freshman Fall Athletic Meetings

- These will take place during Summer Conditioning

Monday June 1st

7:00 am- Cross Country Colts Stadium

8:00 am- Football Gym 1

9:30 am- Volleyball Gym 1

Boys Soccer Gym 2

9:30 am- Girls Golf Practice Field

Girls Tennis Practice Field

Tuesday June 2nd

8:00 am- Boys Basketball Gym 1

Girls Basketball Gym 2

8:00 am- Wrestling Practice Field

Head Coaches

		Email	Twitter
Football	Jamie Cruce	jcruce@usd261.com	@campus_football
Boys Soccer	Casey Reece	creece@usd261.com	@CColtSoccer
Volleyball	Mary Askren	maskren@usd261.com	@campus_VBall
Wrestling	Dalton Miller	damiller@usd261.com	@coachmillier
Boys Basketball	Chris Davis	cdavis@usd261.com	@coltbballcoach
Girls Basketball	Robbie Wright	rwright@usd261.com	@coach_wright
Cross Country	Cooper Clark	cclark@usd261.com	@campusHSXC
Girls Tennis	Dennis Matzen	Dennis.Matzen@wolterskluwer.com	
Girls Golf	Josh Curtiss	jcurtiss@usd261.com	@coach_curtiss

Please contact Josh Godwin for any other sports related questions

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