



COACHING STAFF

Mary Askren - 15th Year Head Coach
Jessica Karr - 12th Year Assistant Coach
Shari Brock - 10th Year Assistant Coach
Julie Balderas - 5th Year Assistant Coach
 College Athletes / Former Players

CONTACT INFO

Mary Askren
 2172 W. 18th St. N.
 Wichita, KS 67203
 (316) 655-8095
 Email: maryaskren@yahoo.com



CAMPUS VOLLEYBALL
2006 SUB-STATE
CHAMPS!!!!!!!

COLT STRONG

WHO? Girls entering grades 9th – 12th
WHAT? Summer Weights and Conditioning Program
WHEN? Beginning June 5th – July 13th
 LADY COLT SESSION 8:00am - 9:30am
 Mondays, Tuesdays, Wednesdays, and Thursdays

WHY?

- To take your game to the next level!
- To push yourself to reach your full potential!
- To increase your athletic ability!
- To give yourself the competitive edge!
- To take Campus athletics to the next level!

WHERE? Campus High School Weight Room

COST? FREE



VOLLEYBALL OPEN GYM

WHEN? JUNE 19h - JULY 12th (Mondays and Wednesdays)
 9:30am - 11:00am

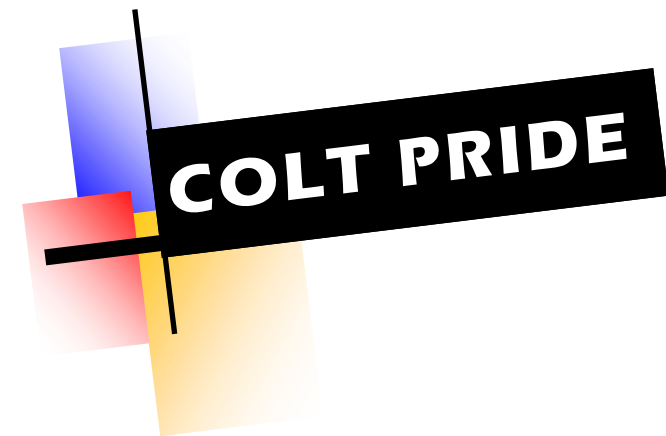
****Will not run July 3rd or 5th, due to Fourth of July****

WHERE? Campus High - Main Gym

COST? FREE

WHY? GET IN SHAPE! IMPROVE VBALL SKILLS!

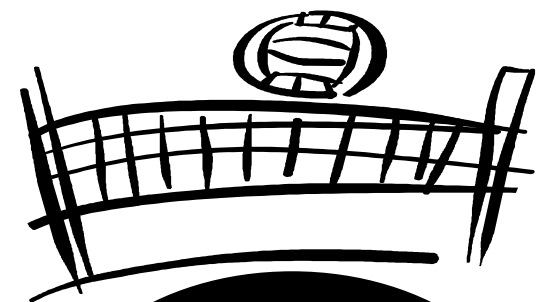
CAMPUS VOLLEYBALL
2017



CAMPUS VOLLEYBALL SCHOOL 2017

Location:

Campus High School Main Gym
2100 W. 55th St. South



Head Coach
Mary Askren
655-8095

HIGH SCHOOL VOLLEYBALL



WHO: For students entering 9th – 12th
(Grade in the Fall of 2017)
See specific times for grade levels.

WHEN: June 12th – 15th - *Team Camp*

12 Hours of Instruction

9th GRADE ONLY: 11:00am – 2:00pm

10th–12th GRADE: 2:30pm - 5:30pm

We will focus on advanced fundamentals. Players will be exposed to defensive/offensive techniques and develop team systems. Players will be participating in an energetic, positive atmosphere that will propel their game to the next level. Be ready for an exciting, fast-paced, intense 4 SESSIONS of fun and competition!

COST: \$75

WHERE: CAMPUS HIGH SCHOOL

MAIN GYM

REGISTRATION DEADLINE

JUNE 5th

\$10 LATE FEE AFTER ABOVE DATE

All players are expected to wear T-shirts, athletic shorts, athletic shoes, and bring a water bottle labeled with child's name.

ALL PARTICIPANTS RECEIVE A T-SHIRT, PICTURE, AND 12 HOURS OF POWER-PACKED INSTRUCTION!!!!



MIDDLE SCHOOL VOLLEYBALL



WHO: All girls entering 7th or 8th Grade
(Grade in the Fall of 2017)

WHEN: June 12th – 15th

10 Hours of Instruction

7th - 8th Grade: 8:00am - 10:30am

****Monday - Thursday****

Players will be taught fundamentals, offensive and defensive tactics, sportsmanship and knowledge of the game. All instruction is centered around a fun learning atmosphere and is intended to ignite interest in the sport! Players receive 10 hrs of instruction., during these 4 SESSIONS.

***COST: \$60 (7th - 8th Grade)

WHERE: CAMPUS HIGH SCHOOL

MAIN GYM

REGISTRATION DEADLINE

June 5th – \$10 LATE FEE AFTER DATE

All players are expected to wear T-shirts, athletic shorts, athletic shoes, and bring a water bottle labeled with child's name.

ALL PARTICIPANTS RECEIVE A T-SHIRT, PICTURE AND 10 HOURS OF POWER-PACKED INSTRUCTION!!!!



REGISTRATION

Mail this form with checks payable to::

Mary Askren

2172 W. 18th St. N.

Wichita, KS 67203

PLAYER: _____

T-SHIRT: (Circle one)

YouthS YouthM YouthL S M L XL XXL

GRADE IN FALL 2017: _____

EMAIL ADDRESS:

PHONE: _____

WAIVER:

As a parent or guardian of enrolled athlete, I give permission for my child to participate in these volleyball sessions and verify she is healthy and capable of participation. I release Campus High School and all staff from liability if any accident/injury may occur. I also give permission for directors to administer medical care and/or medication if the occasion arises.

PARENT SIGNATURE:

INSURANCE COMPANY/POLICY # :

???? QUESTIONS ????

PLEASE EMAIL

maryaskren@yahoo.com